

Dates for your Diary

- Fri 14th February – break for half term
- Mon 24th February – all students return to school at 8.30am
- **Mon 2nd March, 5.30pm – Parent Forum**

Friday: 7th February 2020

Attendance:

95% - while this is slightly improved it is way below where we should be for our students to reach their potential. Please ensure your child is in school every day.



HAL tip of the week:

Switch your bread, rice and pasta from white to brown. The carbohydrates in wholemeal foods take longer to break down giving a sustained release of energy, making you feel fuller for longer.



Book of the Week

Secret Science
The Amazing World
Beyond Your Eyes by Dara O' Briain



So you think everyday life is boring?! WHAT?! Hoo-ee, are you wrong! No, seriously. There's so much EXTRAORDINARY science going on right from the minute you wake up to when you go to sleep. Actually, while you're asleep, too. Science is a non-stop, EVERYWHERE, everything adventure with some incredibly cool stuff going on, too.

This week's visitors

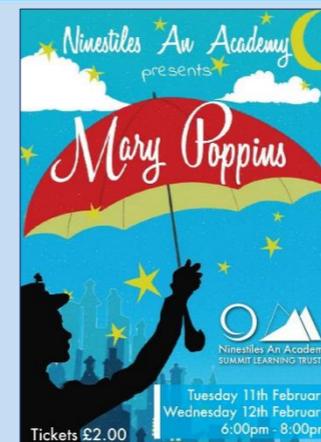
This week, the students have enjoyed welcoming some exciting visitors into school, including Pride of Britain winner, Hezron Brown, who spoke to Years 7 to 10 about how he turned his life around after being involved in gangs and street violence as a teen. Today, Professor Carl Chinn spoke to 200 Year 10 students about the importance of History and Geography. Carl's working life has been devoted to the study and popularisation of the city of Birmingham, and is the writer of The Real Peaky Blinders.

Food Bank

If any family is in need of a food parcel for over the half term holiday, please phone school to let us know, or your child can speak to their tutor discreetly. We will do our best to provide something towards the end of next week.

Mary Poppins

Please support our students by attending a performance of Mary Poppins, on either Tuesday 11th or Wednesday 12th February.



Academic Words

Year 8: regime, output, debate, retain

Literacy Focus

Common Misconceptions: Lend and Borrow

Many people confuse these two verbs and often say, "Can you borrow me your new pen?" This is incorrect. It should be, "Can you lend me your pen?" Equally, it should be "I wanted to borrow Zara's pen."

Thought of the Week

Difficult roads often lead to beautiful destinations.



Students of the Week

Year 7	★	Byron Bestoon
Year 7	★	Tiarna Grant/Sania Chaudry
Year 8	★	Cassie York
Year 8	★	Ted Biggs
Year 9	★	Natasha Tickle
Year 9	★	Alex Givan-Hulbert
Year 10	★	Maggie-Mai Wilkes-Trumper
Year 10	★	Reece Gardiner
Year 11	★	Hassan Rehman
Year 11	★	Katie Wilcox